



Family Support by Rethink

Raising kids is tough. Rethink provides family support when you need it.

Through Rethink, you gain 24/7 access to consultations with a dedicated behavior expert and unlimited use of the website filled with step-by-step videos, resources, and exclusive content developed to help families raising children with learning, social or behavioral challenges, or developmental disabilities. The program has **no age restriction, requires no diagnosis, and is completely confidential.**

Enrolling in the program gives you instant access to the portal, including these features:

- **Easily Communicate with Your Behavior Expert**
Schedule up to 14 hours per year of virtual appointments, access notes from your dedicated behavior expert and send messages to communicate updates and ask questions.
- **Save Your Favorites**
The online library includes thousands of step-by-step videos and downloadable, printable tools and research-based resources based on the most requested social, learning and behavioral topics.
- **Search by Age and Ability**
The library of more than 2,000 lessons are searchable by topic, and our Social and Emotional Lessons allow you to search by age or ability, with supports for parents of young children to young adults.

Rethink is available at no cost to all employees and their family members, and you may invite other care team members to access the online tools.



Ready to get started? It only takes two minutes to enroll and start learning. Visit <http://rethinkbenefits.com/viacombs> and use code **VCBS** to enroll.

Still have questions? Contact Rethink at 800-714-9285 or support@rethinkbenefits.com.

Related Links

[Rethink Podcast](#)

[Rethink Webinars](#)

Need Rethink on the go? Download the mobile app for easy access anywhere, any time:

[Rethink for iOS](#)

[Rethink for Android](#)